

# Personal Training Preparation Course

to become an ACE  
certified personal trainer

20 hour course  
Saturdays 9:30-1:30  
Sept 27th-Aug 23rd



**Are you looking for a part time job and love fitness? This is the course for you. Our instructors take you step by step through the process of becoming a certified trainer through the American Council of Exercise.**

The cost of this course is \$250. You can order the manual and study guide for Personal Trainers through [acefitness.org](http://acefitness.org).

**CLASS IS LIMITED TO 15 STUDENTS!**

1776 Princess Anne Rd.

Call: **426-9205**